The BIG picture

Progress in making your holiday more sustainable: Responsible Tourism Report 2017-18

Crystal Creek Meadows Luxury Cottages & Spa Retreat Prepared by Christopher Warren



About this report

Every year for the past twelve years (2006/7) we have monitored our environmental, social and economic performance for continuous improvement so we can offer more sustainable holidays.

If you are a guest you might find it interesting to see how previous guests have helped us achieve globally recognised high tourism standards

If you are a tourism business you will find the report helpful to identify key impacts and methods to reduce consumption or improve positive effects of your operation

If you work for government you will be able to identify the challenges and barriers preventing small businesses from improving their sustainability performance

This report meets United Nations Sustainability Development Goal (12.6) to include sustainability information in company reporting.

Each of our goals are linked to strategies and actions outlined in the following tables.

Most tables show trends. The GREEN arrow indicates POSITIVE and RED arrow NEGATIVE trends.

Meeting our Paris Agreement (2015) obligations



Ban Ki-moon (UN Secretary General) achieving global agreement on cutting emissions, now to work!

Goal to achieve Net Zero Emissions by 2050

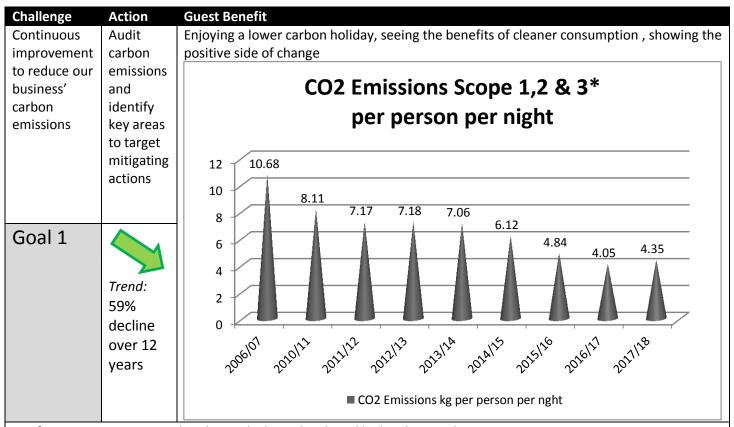
192 Governments have committed to limit global temperatures by 2° C degrees. By the date of this agreement over 22,025 companies and 2,250 cities had already committed to lowering carbon.

We make our commitment to achieve Net Zero everyday by seeking to cut our emissions with the wonderful support of our guests.

The following pages demonstrate the progress we have made as a small business. Thank you to all those involved (our family, guests, suppliers and community) in making this happen for a better and happier world for all life.

Christopher & Sophie Warren 31st July 2018
Proprietors
Crystal Creek Meadows

Guest Carbon Footprint: per Guest/Night



Verification: Accountant and Carbon Calculator developed by hatch Consulting

Scope 1, 2 & 3* drop from 10.68 kg CO₂ per night 2006-07 to 4.35 kg CO₂ 2017/18. *Scope 3 Manager's residence full footprint including all air travel and septic waste for all guests, residents and work experience staff

Carbon Disclosure: Business & Guests, Manager's residence and work experience staff

Carbon Disclosure includes:

Scope 1: direct GHG emissions (gas, septic sewage system, firewood, petroleum, landfill)

Scope 2: includes indirect emissions (electricity)

Scope 3: these are emissions as a consequence of Crystal Creek Meadows but occur indirectly (e.g. manager's residence, septic sewage of manager's family, business travel and leisure travel by the owners).

Analysis of Trend:

Flights, to undertake consultancy work to pay for My Green Butler development, increased emissions from this source by 31% (an extra 1,490 kg CO2)

Resulting corrective action:

Select more fuel efficient car for transport – Purchased Toyota Camry Hybrid on course to save 50% of fuel emissions for 2018-19

Carbon Neutral - Carbon Offsetting:

While we plant trees, which theoretically negate our carbon emissions, we do not make the claim to be carbon neutral because of our Scope 3 footprint. This includes our supply chain's emissions, which is undeterminable at this stage. We do choose to disclose our home and private fuel and flight details in the overall footprint and do audit and mitigate these. We believe it is essential that firms do not make over inflated claims of being carbon neutral when supply chain factors account for the largest share of emissions (UNEP).

Verification: Accountant audited. Previously the 2012-13 audit was also independently verified by St John's School Nowra during their World Responsible Tourism Day field trip.

Applying the UN Sustainable Development Goals at Crystal Creek Meadows

(UN SDGs identified in brackets)



We will contribute to strengthen scientific and technology capacity to foster innovation for sustainability (9.5 & 12a)

Provide innovative information to guests to help them achieve more sustainable lifestyles (9c)



Halve per capita food waste and reduce food losses along production and supply chains, including post-harvest losses (12.3)

Substantially reduce waste generation through prevention, reduction, recycling and reuse (12.5)

Include sustainability information in company reporting (12.6)

Promote sustainable purchasing practices that help create jobs (12.7 & 12b)

Ensure guests, community and suppliers have relevant information and awareness for sustainable development and lifestyles in harmony with nature (12.8)

Avoid fossil-fuels (12c)



Sustainable management of our trees and firewood plantation (15.2)

Halt biodiversity loss by preventing the extinction of threatened species (15.5)

Raise financial resources to conserve biodiversity and ecosystems (15a)

Summary Results

Innovation (SDG 9)

We collaborate with leading institutions (including Griffith Institute for Tourism (Griffith University), United Nations World Tourism Organisation, United Nations Environmental Programme and the New South Wales Government), to share our scientific findings of tourist behaviour change, to help encourage a transition in society's consumption of natural resources to sustainable levels.

We have invented *My Green Butler*, a smart service innovation that advises guests and hosts on conserving resources. We are now sharing this around the world including the City of Sydney.



Christopher with City of Sydney Lord Mayor Clover Moore signing the MoU to share our invention *My Green Butler*

Responsible Consumption and Production (SDG 12)

Our guests are as much involved in the consumption and production of our sustainable tourism experience as the managers. We are delighted to report that guests at Crystal Creek Meadows strongly participate in reducing their footprint by saving resources and mindfully separating their waste. We set them a savings target (20%), which in effect rations consumption, which they have excelled in.

We continue to direct our expenditure to micro and small local businesses and since 2006/7 we have spent over \$2.2 million in the local area, and our guests have spent over \$6.6 million. Electricity and firewood use continues to be saved (33% and 38% reduction by guests). The drought is the worse for over 100 years and puts strains on our supply, however guests have helped us by reducing their consumption (21% saving by guests).

Life on Land (SDG15)

We continue to direct our financial savings from resource conservation and guests donations to conserve biodiversity; this is close to \$3,000 each year plus other community fund raising. So we have now directed over \$63,000 to protect local wildlife and sustainable the community.



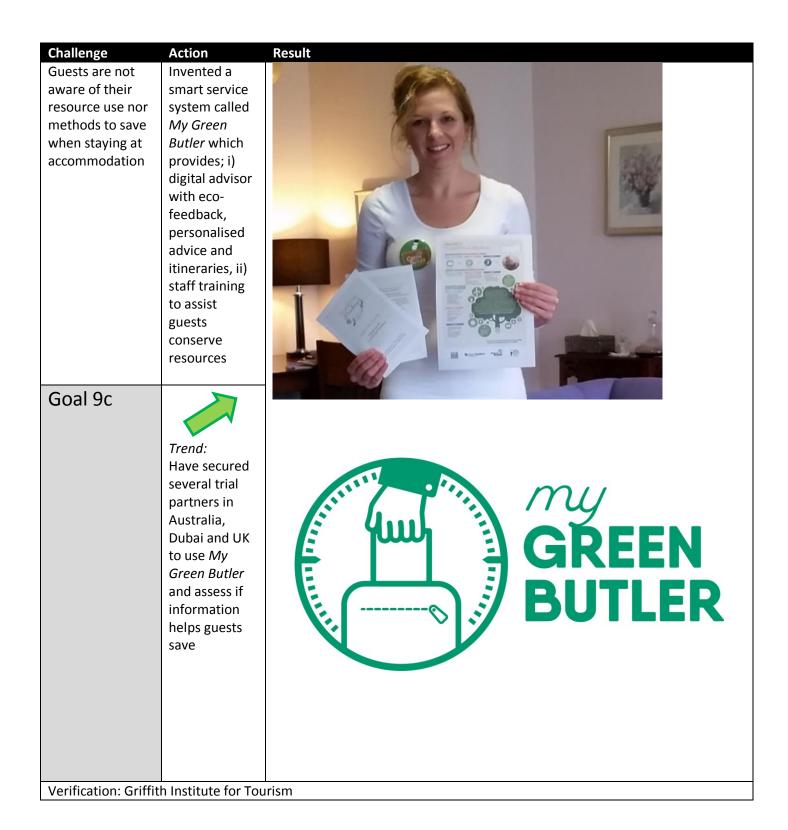
Contribute to strengthen scientific and technology capacity to foster innovation for sustainability

Example Challenge Action **Tourist** Christopher accommodation invented a is one of the technology to most energy save resources intensive building called My Green types Butler while undertaking his PhD at Griffith ion helping hands? University 2014-Goal 9.5 & 2018 12a July, 2018 Trend: Our scientific results are shared at conferences in Australia and around the world every year, where we seek to build **Crystal Creek Meadows shares insights** tourism's from its innovative smart innovation capability to become more at the China Tourism Summit sustainable. We share our research through published academic papers

Verification, 2017-18 conferences were: Arabian Travel Market – Dubai; China Tourism Summit Jilin; Chinese Dream Conference – Gold Coast Griffith University; UNWTO Botswana; World Travel Market London (three sessions),

Published Academic Papers: Journal of Sustainable Tourism, International Journal of Tourism Research, Anatolia.

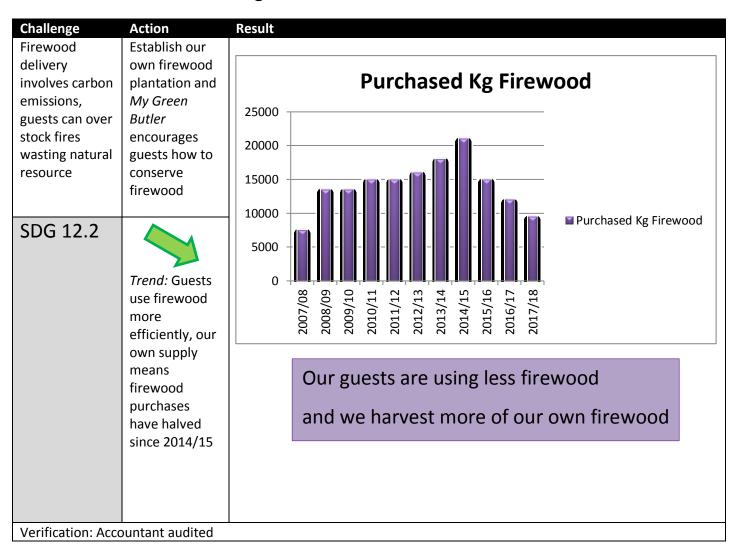
Provide innovative information to our guests to help them achieve more sustainable lifestyles

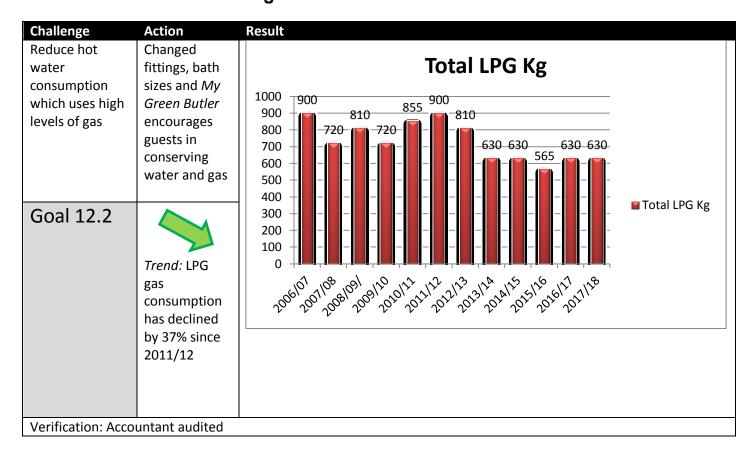


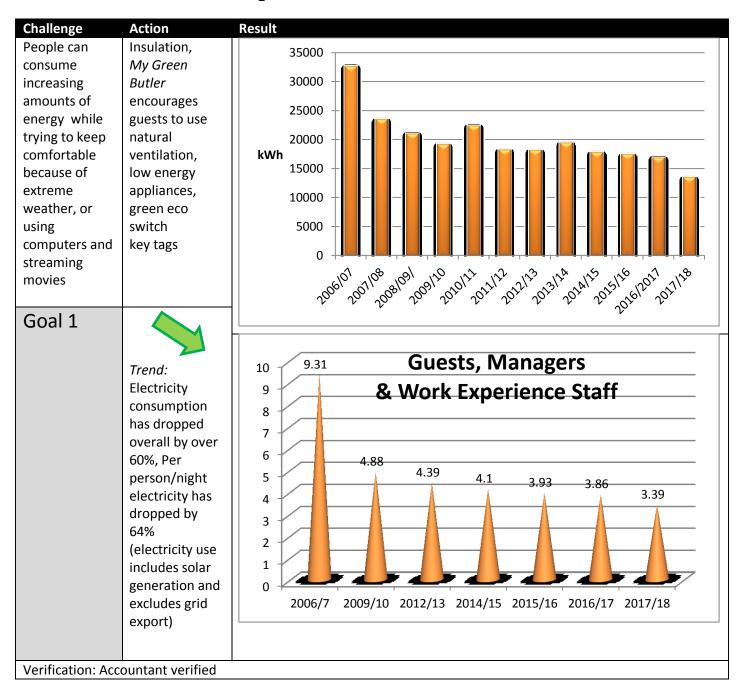


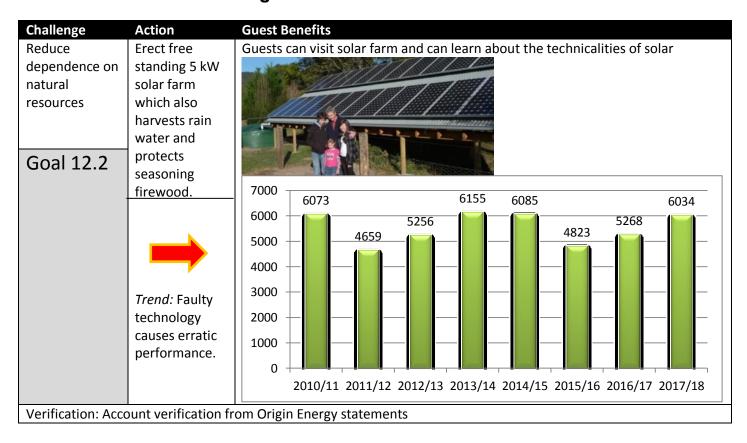
Responsible

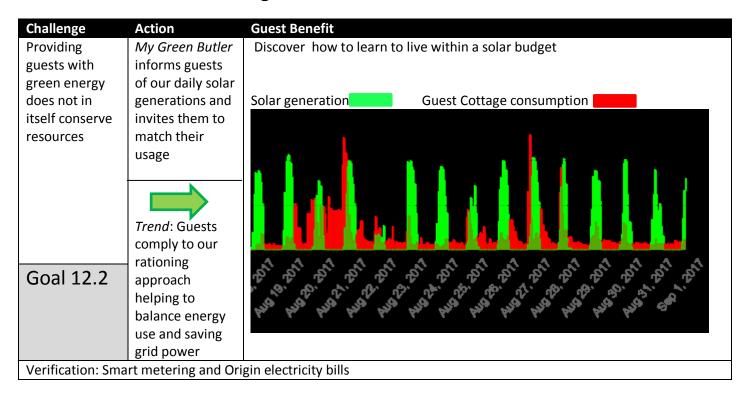
Consumption & Production

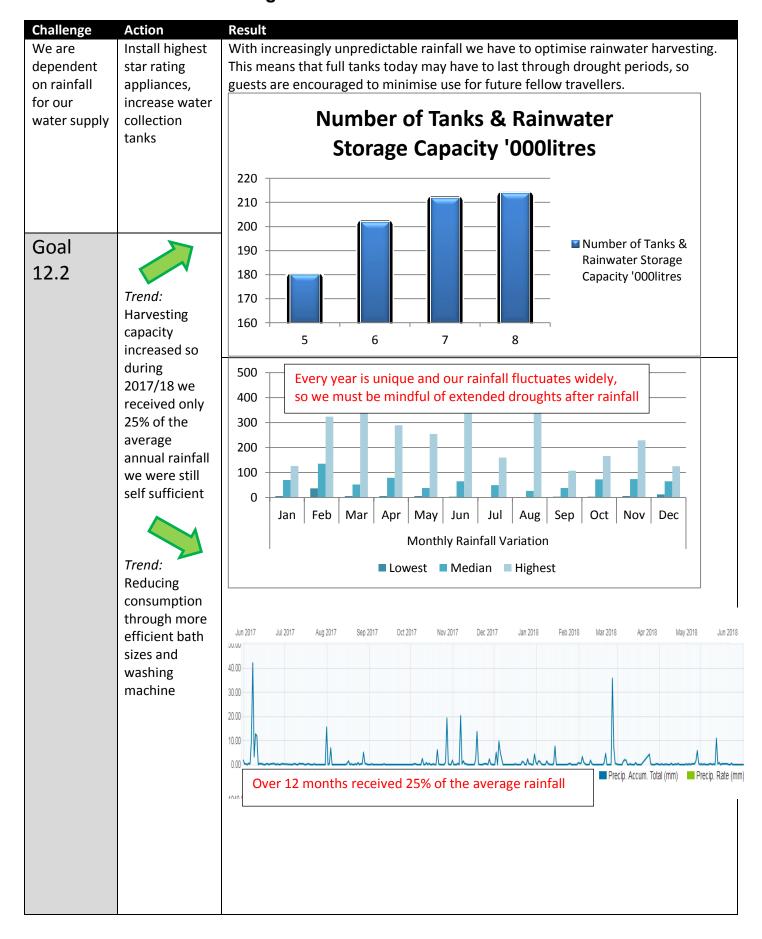






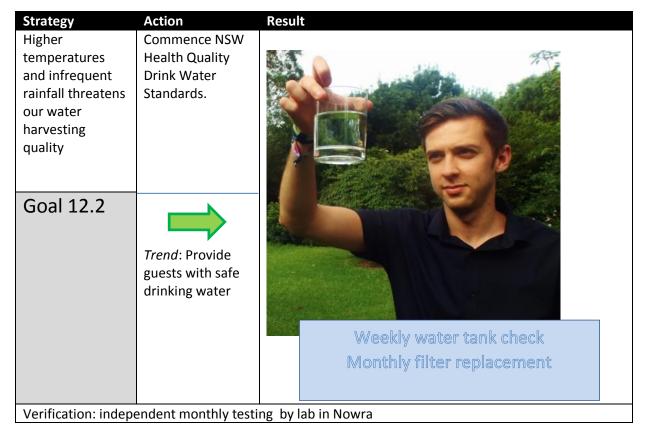






Verification: Bureau of Meteorology & Crystal Creek Meadows weather stations/Weather Underground

Achieve sustainable management and efficient use of natural resources



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Halve per capita food waste, reduce food loss along production and supply chains, including post-harvest losses

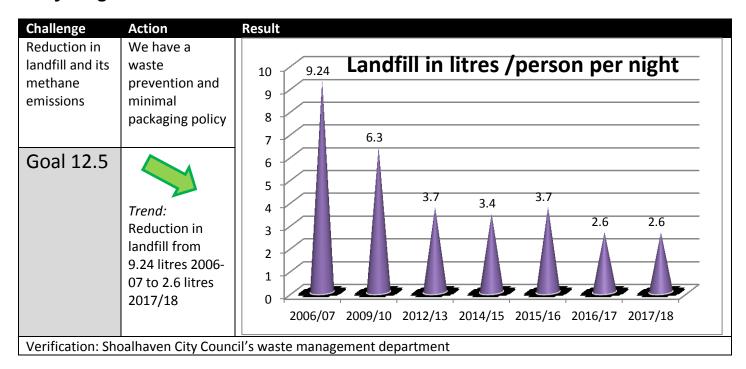
Challenge Action **Guest Benefit** Cut My Green Butler Feel good that they can lend a hand to cut waste, love to meet the landfill and its chickens and feed them their food scraps rather than dumping them in encourages guests to methane separate waste the bin for landfill emissions including feeding Treading Lighter by Numbers food scraps to our chickens and gain eggs in return. Goal 12.3 Trend: We've halved our landfill. Thanks for your help! 88% of guests confirm they recycle. 85% confirm they put food in the scraps waste bucket. 46% confirm they feed scraps to the chickens.

Verification: Shoalhaven City Councils waste management department

Halve per capita food waste, reduce food loss along production and supply chains, including post-harvest losses

Challenge	Action	Guest Benefit
Use reclaimed waste water to irrigate 90pink	Enable guests to freely harvest fresh fruit	Love picking fresh fruit and tasting fresh citrus adds to holiday fun
grapefruit, lemon, orange and lime trees	reducing our need to purchase fruit	
Goal 12.3		Caystal Cross Mendows
	Trend: Guests increasingly want	
	to pick their own fresh fruit and take it home, so we don't waste	
	the harvest	
Varification: Cichti	ngs of guests fruit pic	lking
vernication. Signti	rigs of guests fruit pic	rung

Substantially reduce waste generation through prevention, reduction, recycling and reuse



Substantially reduce waste generation through prevention, reduction, recycling and reuse

Challenge	Action	Result	
Reduce use of energy to heat and cool cottages	Continue to improve insulation	Installed new R2.5 underfloor insulation in 2014-15 for manager's residuand Rose Garden Cottage. Installing additional R3.5 roof installation 2016 and covering Jolly Jumbuck and Billabong verandas in 2016-17	
Goal 12.5	Trend: We minimise energy wastage heating/cooling cottages	Improved winter comfort - inside morning temperatures were 2 centigrade higher Calculated by comparing before/after effects of insulation using thermometer	
Verification: mater	ial receipts		

Substantially reduce waste generation through prevention, reduction, recycling and reuse

Challenge	Action	Guest Benefit
Improve energy efficiency	Provide guests with the best ceiling fans, option for natural	Guests enjoy more comfortable interior temperatures and benefit from fresh healthy air. Guests can now moderate their indoor temperatures to best effect while using no or low energy
Goal 12.5	ventilation (opening windows) and cool interior colours with furnishings using natural fibres and shaded verandas Trend: We have just launched our new interior design and fixtures	
Verification: mater	ial receipts. Energy s	avings measured through smart metering

Substantially reduce waste generation through prevention, reduction, recycling and reuse



Promote sustainable purchasing practices that helps create jobs

Challenge	Action	Community Benefit
Target economic benefits to benefit local community	Priorities expenditure to local suppliers	We buy local and make our own delicious produce. Economic impact of Crystal Creek Meadows: 1. 58.5% of expenditure directed to micro and small business 2. 60% of expenditure in South Coast region (excluding fuel, utilities, insurance, telecom)
Goal 12.7 & 12b	Trend: Over 12 years we have spent \$2.02 million with local businesses	
Verification: survey	of Crystal Creek Me	adows guests

Promote sustainable purchasing practices that helps create jobs

Challenge	Action	Guest Benefit	
Support local attractions, producers and restaurants	My Green Butler encourages guests to buy local and from our responsible tourism partners whom we have	1. Guests spend annually \$\footnote{5}\$ accommodation and petro 2. 92% eat in Kangaroo Val 3. Guests buy food (65%),	ystal Creek Meadows Guests: \$550,000 in local area (excluding bl)
Goal 12.7 & 12b	surveyed Trend: 8%		Between 2006/7 and 2017/18 guests have spent \$6.6 million within our local economy (excluding booking tariff)
Varification	increase in guest expenditure in Kangaroo Valley to \$288 per booking of Crystal Creek Me	fresh each time using ingre gardens. We share our citr lime of grapefruit it might	Thai, he makes fabulous dishes edients from his vegetable rus crop with them so if you eat a have come from our gardens!

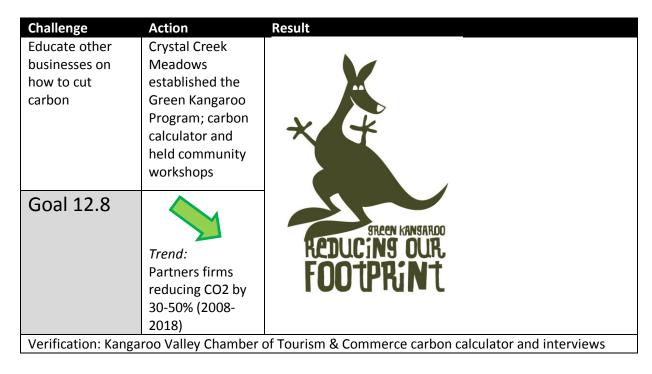
Ensure guests have relevant information and awareness for lifestyles in harmony with nature

resources, to live within our means Trend: Guests use less: -38% firewood, -33% electricity, -21% water, -20% gas	Challenge Encourage guests to conserve	Action My Green Butler provides helpful advice	Guest Benefit Eco-feedback is fun and helpful as guests learn what uses the most/least, how to use natural ventilation and the savings this creates. Guests learn how they can apply these resource conserving tips at home
Trend: Guests use less: -38% firewood, -33% electricity, -21% water,	live within our means		
Verification: System audited and assessed by Griffith University		less: -38% firewood, -33% electricity, -21% water, -20% gas	

Ensure our community have relevant information and awareness for lifestyles in harmony with nature

Challenge	Action	Guest Benefit & Community Benefit
Not just connect children with nature but also with traditional owners who lived in harmony with nature	Ran a field day with Aboriginal elders and local school children	KV School attended field trip which included Aboriginal activities. Project increased children's environmental concern. Published book which is in your cottage.
Goal 12.8		
	Trend: Guests	
	love the book and	A CONTRACTOR OF THE PARTY OF TH
	seeing how	
	children are	
	connected using	
	traditional stories	
Verification: survey	of Crystal Creek Me	adows guests

Ensure our community have relevant information and awareness for lifestyles in harmony with nature



Ensure our community have relevant information and awareness for lifestyles in harmony with nature

Challenge	Action	Result
Use the conservation work and sustainable principles to increase proenvironmental knowledge	Conducted six school trips, guest information folder and activities, TAFE environmental staff field trip, tourism operators visit, community open garden with sustainability walk	Over 16,000 guests, 1,000 event visitors and school parties have experienced sustainable actions at Crystal Creek Meadows.
Verification: diary n	otes, guest bookings	book, video and photographs

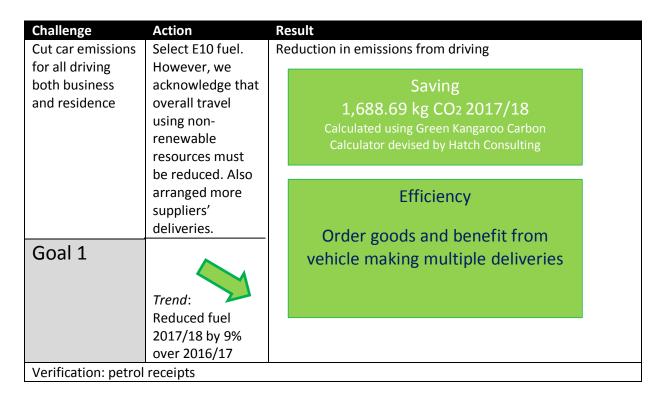
Avoid fossil-fuels

Challenge	Action	Result
Cut visitors'	1. Offer free	Increasingly popular: guest bike use has grown from 20
car use at	use of	occasions per annum to twice a week 2017/18.
destination	bicycles	My Green Butler shares the best local places so guests limit
	2. My Green	travel to attractions only in Kangaroo Valley, cutting
	Butler promote	emissions.
	local	
	attractions	Ca Carlo
Goal 12c	Trend: over two fold increase which is contributing to reducing guests' car emissions	
Verification: Sighti	ngs of guests' reques	t to borrow bikes

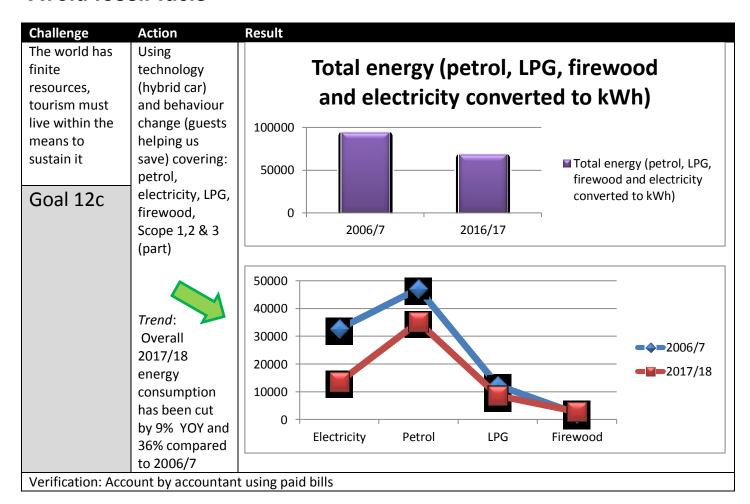
Avoid fossil-fuels

Challenge	Action	Result
Cut visitors' transport emissions to Kangaroo Valley	Managers apply a 'Only rail to Sydney' policy. Offer guests free rail transfer from	Managers travelling by rail saved: 632.16kg CO2 26.34kg CO2 2017/18 for each train trip (Sydney Trains) x 24 trips This is the equivalent to a return flight Sydney-Dubai-Sydney
Goal 1	Berry and Moss Vale. Trend: taking more rail trips Trend:	Only 21 guests have chosen this transport method since 2008-09.
Verification: Onli	Less guest enquires for transfer service ne guest booking she	ets

Avoid fossil-fuels



Avoid fossil-fuels





Sustainable management of our trees and firewood plantation

Challenge	Action	Result
Encourage	Plant a tree for	Nearly 400 trees planted by guests voluntarily since 2008. It
conservation	conservation.	is still a very significant activity for many symbolising
action	Guests choose a	something very important personally. However, during this
	local species and	period we have noted that from an overall spike in general
	given a certificate	interest overall participation is declining by those who do
Goal 15.2		not view the occasion as personally symbolic.
G001 13.2		
	Trend:	
	Guests have	
	planted over 500	
	trees for	
	conservation. Bird	
	species have risen	
	from 22 (2006/7)	
	to over 100	
	(2017/18)	The state of the s
	Separately for	
	firewood we have	
	planted over	
	2000 trees. These	
	are coppiced	
	randomly so the	
	trees regrow and	
	the habitat	
	flourishes.	
		Since Color of the
Verification: Guest	sign certificate	

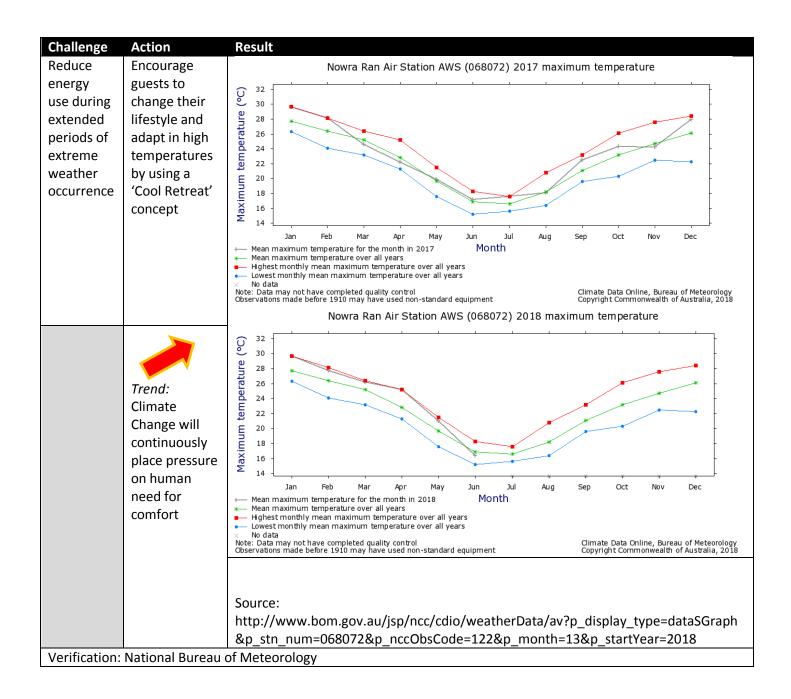
Halt biodiversity loss by preventing the extinction of threatened species

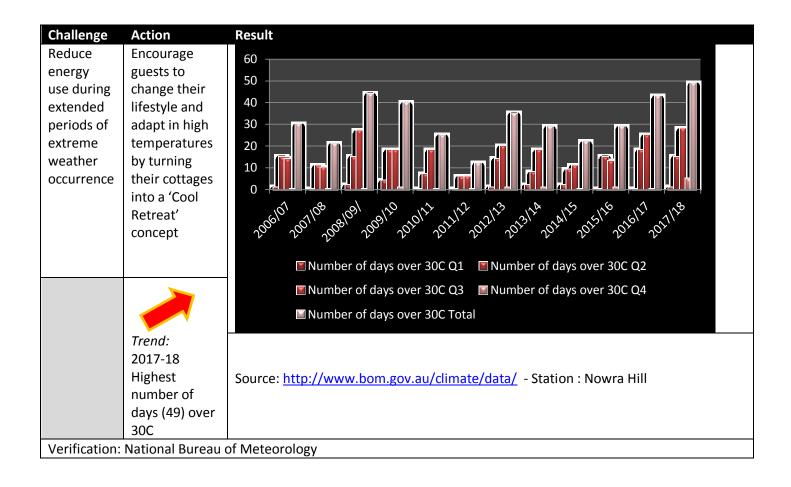
Challenge	Action	Guest Benefit		
Drought, land clearing and road kill are having a serious effect on our local biodiversity	Property Conservation Programme: minimal use of chemical, 60% property used for conservation, promote native species indigenous to the area	Hear the bird song, enjoy the gardens Bird species: over 100 including the threatened Powerful Owl & Gang Gang Cockatoo Monotremes: Echidna Marsupials: Possums, Bandicoots, Sugar Gliders Mammals: Wombat Amphibians: Maniacal Cackle Frog, Dwarf Green Tree Frog (threatened), Reed Frog Reptiles: Diamond Python, Red Bellied Black Snake, Goanna, Skinks and Blue Tongue Lizards		
Goal 15.5	Trend: +150% Number of bird species seen since 2004			
Verification: Guest reported sightings and film				

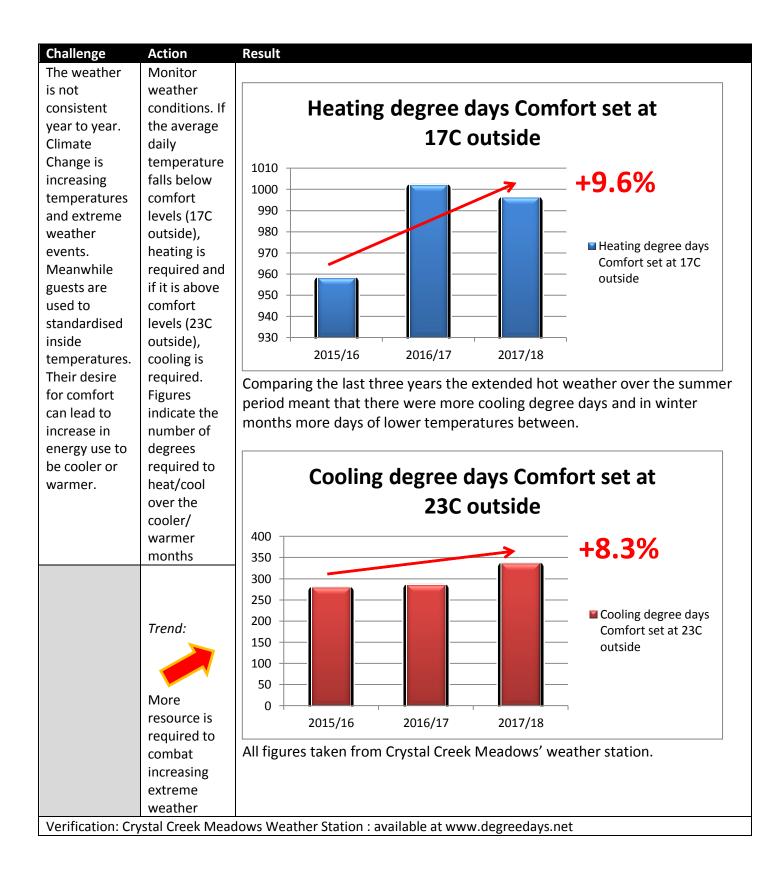
Raise financial resources to conserve biodiversity and ecosystems

Challenge	Action	Guests helped us achieve		
Support	Guests	Protecting the last remaining 40 Brush-Tailed Rock-Wallabies		
biodiversity	voluntary	and supporting 14 baby orphaned wombats		
conservation	donate funds			
	and 100% of			
	savings from			
	electricity, gas,			
	firewood and			
	water achieved			
	by My Green	and the second s		
	Butler go to			
	'Friends of the			
	Brush-Tailed			
	Rock-Wallaby'			
	and 'Wisdom Wombat			
	Refuge'.	S TOTOLS - MANAGE		
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		A CONTRACTOR OF THE PARTY OF TH		
Cool 1Fo		A CONTRACTOR OF THE PARTY OF TH		
Goal 15a				
	Trend: Raised			
	and donated			
	AUS\$63,329.			
	Provided over			
	180 days	20		
	volunteer time			
Verification: Audit certificate from charity				

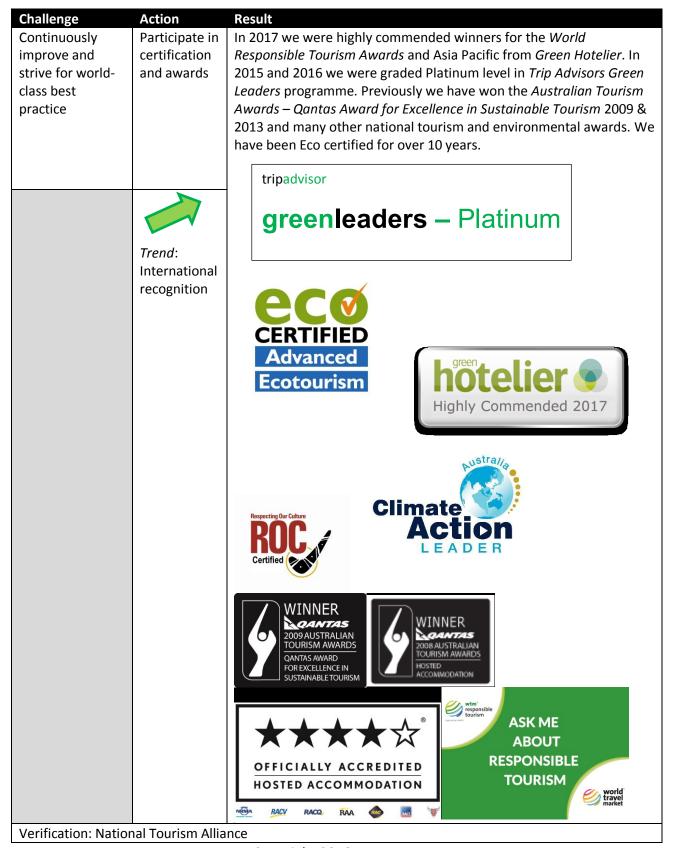
Changing Climate in Kangaroo Valley







Best Practice



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